

Parchment Rocket Football
Coach Code of Conduct 2018

Coaches agree to observe the following code:

Respect for Others

- I will respect the rights, dignity and worth of athletes, coaches, other volunteers, friends and spectators in Parchment Rocket Football (PRF).
- I will treat everyone equally regardless of sex, ethnic origin, religion or ability.
- I will be a positive role model for the athletes I coach.

Ensure a Positive Experience

- I will ensure that for each athlete I coach, the time spent with PRF is a positive experience.
- I will respect the talent, developmental stage and goals of each athlete.
- I will ensure each athlete competes in events that challenge that athlete's potential and are appropriate to that athlete's ability.
- I will be fair, considerate and honest with athletes and communicate with athletes using simple, clear language.
- I will instruct each athlete to perform to the best of the athlete's ability at all training and games for PRF.
- I will play each athlete, at minimal, the required number of plays as determined by PRF, remembering that this is still a teaching level for these athletes.

Act Professionally and Take Responsibility for My Actions

- My language, manner, punctuality, preparation and presentation will demonstrate high standards.
- I will display control, respect, dignity and professionalism to all involved in the sport (athletes, coaches, opponents, officials, administrators, parents, spectators, media, etc.).
- I will encourage athletes to demonstrate the same qualities.
- I will not drink alcohol, smoke or take illegal drugs while representing PRF at training sessions, competition or during events where I am responsible for the athletes (i.e. Homecoming Parade, Rocket Appreciation Night).
- I will refrain from any form of personal abuse towards athletes and others, including inappropriate or unwanted sexual advances on others, verbal, physical and emotional abuse.
- I will not post anything negative on social media regarding the program, coaches, or other teams.
- I will be alert to any form of abuse from other sources directed toward athletes in my care.

Quality Service to the Athletes

- I will seek continual improvement through performance evaluation and ongoing coach education.
- I will be knowledgeable about the PRF Rules and skills of the sport(s) I coach.
- I will keep copies of the medical, training and competition records for each athlete I coach.
- I will follow the Kalamazoo Valley Rocket Football Rules for my division.

Health and Safety of Athletes

- I will ensure that the equipment and facilities are safe to use.
- I will ensure that the equipment, rules, training and environment are appropriate for the age and ability of the athletes.
- I will review each athlete's medical form and be aware of any limitations on that athlete's participation noted on that form.
- I will encourage athletes to seek medical advice when required.
- I will maintain the same interest and support toward sick and injured athletes.
- I will allow further participation in training and competition only when appropriate.
- I understand that if I violate this Code of Conduct I will be subject to a range of consequences, up to and including being prohibited from coaching in Parchment Rocket Football.

Coach Signature _____ Date _____